

MARCH 2020

THE UPPER SARANAC LAKE ASSOCIATION

Mailboat

Coming Soon!!!

Lynne Perry, Communications Chair

The USLA website is being revised and updated. Since we first launched the website we have been fortunate to have an informative site that is used frequently. The new site will add some interactive capability while continuing to provide useful information as well as wonderful pictures. The format has changed. To introduce the website we have included a video to help you acquaint yourselves with the various sections of the site.

I want to recognize the work of three USLA members who have spent many hours setting up the new site. Sara Sheldon- webmaster, Susan Hearn- President, and Liz Evans- video and technical advisor, have worked tirelessly to bring us the website.

Watch for an email announcing the launch of the new website. Coming Soon!



Trespassers on Your Premises?

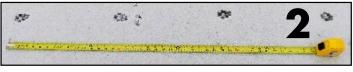
by Larry Nashett



The morning's walk to the mailbox on January 14th revealed we had not been alone overnight! In fact, it was clear that there had been multiple trespassers on our property. We live on the lake year-round, and I can attest these intrusions occur regularly. They're most easily detected in the winter when the culprits' footprints remain in the snow.

The first prints I encountered were those of a small, hyperactive, very noisy chap, usually seen sporting a reddish

coat with white trim. A petty criminal, he regularly steals food from us intended for guests who fly in for short stays. That's probably what he was snooping around for this time.



A little further on, I crossed the tracks of a very cunning and

secretive individual. I've seen her tracks around here before, but rarely catch a glimpse of her. She seems to have purpose in her gait and to be in a hurry. Although her feet are quite small, she has a big stride. She didn't dawdle, but rather stepped in her own prints, making a very straight line of tracks across the driveway and up the hill.

Near the top of our driveway I found yet another interloper had been roaming the neighborhood. This one was a bit unusual, and I suspect he was a calculating serial killer from some distant



locale. Although graceful, his tracks were the largest of the lot, and he probably intended to prey upon any lesser individuals who dared to show their faces upon his approach. The tracks seemed to be paired side-to-side, about 10-12 inches apart, and each foot print was about 2.5 inches long and nearly 2 inches wide. My glove lies beside the evidence, for scale in the photo.

It is important to know who's around! Can you identify these trespassers from the photos of their tracks? See if you are right on page 3.

President's Letter

Susan Hearn

The campaign for the White House is already well underway. As I write this, another debate is taking place among the Democrats' candidates. The next 10 months will be, depending on your perspective, exciting and interesting and hard fought, or long and noisy and hard fought.

While so much energy is being expended and attention paid at the national level, I wish to call your attention to the local level. I've just finished reviewing minutes from the local town council meetings, from the Town of Santa Clara and the Town of Harrietstown. These two jurisdictions surround our USLA waters, and the activities of the councilmen and planning and variance boards have tremendous impact on our properties and our lives in the USLA community.

Small town and village stuff seems sometimes, well... small, but it can influence our lives in important ways. Roads and bridges are plowed and maintained; fire and rescue service contracts negotiated and signed; animal control and welfare services are engaged; laws enforced and justice meted out; land use codes developed and enforced; taxes levied and collected. If all goes well, we citizens probably don't pay much attention. But when it goes wrong, then *maybe* we do.

I'm also reminded of how much we provide for each other, as friends and neighbors in our USLA community. Maybe your year-round neighbor watches your summer residence for you while you're away, calls you when there are trees down around your property. Maybe you pay a winter visit and let your neighbor know how their summer place looks, that all is well. Maybe, like on the Bartlett Carry Road, there's a running dialogue of road conditions during the winter, as the year-round and winter use residents keep each other informed of slippery conditions, cars off the road, the next plowing or sanding. It's quite reassuring and comforting to see the care we share for our friends and neighbors in the community.

So as your attention is drawn to the noise and tumult of the national race, please give some thought to those who serve at the local level. Give thanks for the wonderful community of USLA residents we have. And, by all means, vote for the candidates of your choice at all levels of government.



UPPER SARANAC LAKE ASSOCIATION, INC. P.O. Box 872 Saranac Lake, NY 12983 www.uppersaranac.com

> THE USLA MAILBOAT Lynne Perry, Editor Harry Wirtz, Layout/Design

BOARD OF DIRECTORS

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Zone 11	Bill Mansfield (518-359-2217)
Zone 12	Airlie Lennon (518-359-7417)

Member at Large Tom Swayne (518-359-7679) Mike Bonheim (518-891-8074)

USLA Scholarship Fund, Inc.

President, Ron Otten (518-359-7841)

DATABASE ADMINISTRATOR WEBSITE ADMINISTRATOR Sara Sheldon (518-637-4304)

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Photo of the mailboat, "Saranac", courtesy of the Adirondack Collection, Saranac Lake Free Library © 2020 USLA



The USLA MAILBOAT Tresspassers

Contined from page 1

Trespass Answers



Red squirrel — Tracks on railing

Cephas <u>https://commons.wikimedia.org/wiki/File:Tamiasciurus_hudsonicus_CT.jpg</u>), "Tamiasciurus hudsonicus CT", <u>https://</u>creativecommons.org/licenses/by-sa/3.0/legalcode



Red fox — Tracks beside tape measure By <u>http://www.ForestWander.com, CC BY-SA 3.0 us</u> https://commons.wikimedia.org/w/index.php?curid=21460755



Fisher — Tracks near glove

Why should you take a CPR/First Aid Course?

CPR effectively provides oxygen to the brain and other vital organs, giving the victim a better chance for full recovery. Everyday Health reports that if CPR is given within the first two minutes of cardiac arrest, the chances of survival double.

First aid training creates the confidence to give care. Having basic first aid knowledge means that you'll be confident in your skills and abilities. Taking first aid training helps you to reflect on yourself and how you and others react in certain situations.



Class dates and locations TBA

The First Aid & the CPR classes are now combined so you will receive one certificate for both.

FIRST AID will cover these topics:

How to respond to an emergency, muscle, joint, bone and soft tissue injuries, bandages, splints & so much more.

CPR will cover:

Chest compressions Artificial ventilation to preserve brain functions How to use a defibrillator.

Classes last about 3 1/2 hours and you must attend the two classes in order to obtain your certificates.

Certifications are accredited by the National Safety Council.

Contact Sonny Young for more information. 518-359-8194 e mail: adkfoothillsgs@gmail.com

Pre-registration is required.

Membership Report

Dean Butts, Membership Chair

USLA finished the year 2019 with 549 paid memberships including 28 new members. This is an increase of 16 over last year, and very close to our goal of 556. We attribute this success to the work of our Zone Chairs who made strategic contacts in their zone which resulted in additional end-of-summer memberships. Thank you to those who responded and to the Zone Chairs.

We are now ready to accept early Bird memberships for 2020. Click <u>uppersaranac.com/members</u> and choose your method of payment. Your early support is always appreciated. A Quick



- 1. If a person falls overboard what should you do immediately?
- 2. If a fire breaks out where should you aim a fire extinguisher's stream and what method should you remember?
- Where is a Capacity Plate located and what information does 3. it provide?
- 4. Why is it important to Clean, Drain & Dry your boat?
- Are you required to have a spotter on board when towing a 5, Parasailer?
- 6. Can you operate a PWC in the evening?

Answers

See page 10.

USLA Picnic at the Wild Center Monday July 20, 2020

USLA members are invited to a picnic at the Wild Center on Monday July 20, 2020 at 5 pm. The picnic is sponsored by several members of the Wild Center who also live in our lake community. The picnic is an opportunity for USLA members and their families to gather in the tent at the Wild Center for a picnic dinner and share time with other USLA members. The museum stays open and new exhibits are explained. Additional details will be in the May Mailboat. We hope you will join us.

Year Round Neighbors

Susan O'Brien



On Sunday February 16th we held another successful Year Round Neighbors event — our Winterfest hosted by Cheryl Joyce and Jeff Dickson. Thirty (30) people, representing locations from all around the lake attended. A group went out on a winter hike to

catch some gorgeous views while others stayed inside, cozy by the wood fire. We had chili and cornbread along with many appetizers and desserts. Many of us met folks we'd never met before and also caught up with neighbors we haven't seen all winter.

Adirondack Land Trust Conserves Wild Shoreline on Upper Saranac Lake

UPPER SARANAC LAKE, NY — The Adirondack Land Trust purchased five acres of forest along the shore of Upper Saranac Lake to ensure that a mile-long stretch of shoreline between Indian Carry and Indian Point remains forever wild.

The tract features 570 feet of rugged shoreline edged by boulders and northern white cedars. The Adirondack Land Trust will work with the New York State Department of Environmental Conservation (DEC) to transfer the land to New York State to close a gap in the Saranac Lakes Wild Forest, which is protected under the "Forever Wild" clause of the state constitution as part of the Adirondack Forest Preserve.

"I'm sure my father would be very happy to hear that this land is going to Forest Preserve," said Ed Petty, of Canton, NY, son of pioneering Adirondack conservationist Clarence Petty. "He thought it was a great place because it was surrounded by state land."

Clarence and his brother Bill Petty, who was once DEC's regional director for much of the Adirondacks, spent the first years of their lives on Forest Preserve just south of this parcel, until 1908, when the New York Forest, Fish & Game Commission ended the practice of squatting on state land, and the Petty family moved to nearby private land.

The family remained fond of Upper Saranac Lake, and in 1952 Bill purchased the private inholding, which is accessible only by foot or motorless boat. Bill hoped to build a simple retirement cabin there, but he worked into his 70s and never found time. Bill Petty's daughter eventually sold the land, and in 2017 it was acquired by Ed and Teresa Palen, of Keene, who bought it—as an appurtenance to a separate property—with the intention of seeing it added to the Forest Preserve. The Adirondack Land Trust purchased the property January 17, 2020, for \$200,000.

The tract is along the path of the Northern Forest Canoe Trail, a 740-mile route of paddling and portaging from the Adirondacks to the coast of Maine. "We're grateful to our partners at the Adirondack Land Trust for their continued work to promote access to and preservation of wild places in the Adirondacks," said Karrie Thomas, executive director of the Northern Forest Canoe Trail. "The purchase of this section of shoreline on Upper Saranac Lake will ensure that future generations of paddlers will be able to enjoy this incredible canoe trail. Collaboration with landowners, businesses and nonprofits is critical to outdoor recreation."

"We recognize the importance of town-to-town trails as a way to strengthen connections between communities and wildlands," said Megan Zack, land protection manager for the Adirondack Land Trust. "Protecting shorelines is also a conservation priority. Wild shorelines improve water quality, promote flood resilience and provide fish habitat."

The Adirondack Land Trust worked with DEC and another landowner in 1989 to purchase land to reroute a portage trail at Indian Carry, which connects the Raquette River to the Saranac Lakes chain. In 2003, the land trust worked with partners to conserve 1,800 feet of shoreline east of Indian Point. Indian Carry and Indian Point are named for Abenaki residents who had settlements in that area until the early 20th century, according to the 2019 book "Rural Indigenousness: A History of Iroquoian and Algonquian Peoples of the Adirondacks," by Melissa Otis.

The five-acre inholding remains closed to the public until it can be transferred to New York State. The purchase was made possible by donations to the land trust's Wild Adirondacks Fund.

The mission of the Adirondack Land Trust is to forever conserve the forests, farmlands, waters and wild places that advance the quality of life of our communities and the ecological integrity of the Adirondacks. The land trust has protected 26,628 acres since its founding in 1984.

To learn more, visit www.adirondacklandtrust.org

IN MEMORIAM

VIRGINIA BRISTOL

Virginia Bristol died November 29, 2019 at the age of 100. A graduate of the Woods School of Business, Virginia was an executive assistant in New York City. Married to Dr. Leonard Bristol, they lived in Baltimore MD, and moved to Saranac Lake in 1951. They raised seven children and moved to Rainbow Lake in 1978. Virginia and Leonard also owned a home in Sekon on Upper Saranac Lake. Virginia's life was focused on family. She was an active volunteer for many organizations including St. Bernard's School and Church, Girl Scouts of America, Meals on Wheels and the Adirondack Medical Center. She was predeceased by her husband of 71 years, her son, Kevin and daughter, Kathleen.

THOMAS KIMPTON

Tom Kimpton died January 22, 2020. Tom grew up on Land's End in Saranac Inn. He was an Engineman in the Navy on various submarines for four years. He returned to the Adirondacks continuing his love of everything mechanical. He was a camp caretaker around Upper Saranac Lake and was a town councilman for Santa Clara. He always wanted to help people in any way he could and always with a smile. Tom is survived by his wife Patricia, a son and 2 grandsons.

DANIEL WEBER

Dan Weber died February 3, 2020. He is survived by his wife, Judith, 5 children, 17 grandchildren and 10 great grandchildren. Dan was born in Brooklyn and served in the Air Force in Vietnam. Dan was the founder and CEO of AMAC, the Association of Mature American Citizens. He spearheaded efforts to reduce the cost of healthcare and financially stabilize Social Security for future generations. Dan was the Past President of the Island Chapel Committee on Upper Saranac Lake. His sunny smile and willingness to help others will be missed.

Upper Saranac Lake Association Treasurer's Report 2019

	2019			2020
	APPROVED	ACTUAL	VARIANCE	APPROVED
REVENUE				
Dues	25,000.00	24,927.00	-73.00	25,000.00
Contributions	4,200.00	5,705.00	1,505.00	5,000.00
Other *		340.00	340.00	
Total	29,200.00	30,972.00	1,772.00	30,000.00
EXPENSES				
Executive	6,837.20	5,561.80	-1,275.40	6,823.20
Communications	14,142.50	19,202.94	5,060.44	7,880.00
Cultural Affairs	2,000.00	1,540.92	-459.08	2,000.00
Environmental	1,300.00	292.40	-1,007.60	800.00
Government Affairs	1,000.00	0.00	-1,000.00	1,000.00
Membership	3,041.00	2,934.96	-106.04	4,036.00
Safety	750.00	200.00	-550.00	750.00
Zone Chairs	3,000.00	1,398.13	-1,601.87	3,250.00
Other	3,000.00	0.00	-3,000.00	0.00
Total	35,070.70	31,131.15	-3,939.55	26,539.20
Beginning Balance 1/01/2018	27,360.21			
Ending Balance 12/31/2018	27,201.06			
*Event fees and donation		Respectfully submitted, M. Jay Kapolka, Treasurer, USLA, Inc.		

Calendar 2020

May 23	USLA Board of Director Meeting	9 am	Santa Clara Community Rm
June 29-30	Boating Course	9 am	Santa Clara Community Rm
July 11	USLA Member Meeting	8:30 am	Wild Center
July 13-14	Boating Course	9 am	Santa Clara Community Rm
July 18	USLA Fishing Derby		
July 20	USLA picnic	5 pm	Wild Center
July 25	Saranac Paddle and Picnic		
July 27	USLA Scholarship Fund Golf Tournament		Saranac Inn Golf Course
August 8	USLA Annual Meeting	8:30 am	Wild Center
August 9	Eagle Island Architectural Tour/Reception		
August 10–11 Note: Please see rel	Boating Course ated articles for details.	9 am	Santa Clara Community Rm

Cultural Capers

Sally Ward, Cultural Affairs Chair

Culture never takes a break. The USLA Cultural Affairs Committee is planning three events for the summer season, with registration to begin in late May:

Saturday, July 18

USLA Fishing Derby with adult and youth divisions

Saturday, July 25

Saranac Paddle and Picnic

Canoe/kayak the islands in the south end of Upper Saranac Lake

Sunday, August 9

Eagle Island Architectural Tour and Reception

Meanwhile, there's plenty of cultural excitement going on in the lakes area this winter and spring!

Play ADK

Plans are afoot to break ground this year on a children's museum in Saranac Lake. Play ADK will be located on Depot Street near the Adirondack Carousel and will be a boon to families and visitors with young children.

Tupper Arts Center

The Arts Center offers art classes, yoga, art exhibits, musical performances and other activities throughout the year. For event updates, visit www.tupperarts.org

Historic Saranac Lake

HSL's mission is to preserve and protect the history and architecture of the greater Saranac Lake area. Currently housed in the former Saranac Laboratory, HSL has purchased and is restoring the former home and medical office of Dr. Edward Trudeau. This project will create an expanded museum campus next to the Hotel Saranac.

Adirondack Architectural Heritage (AARCH)

AARCH sponsors 30-40 public educational tours per year, mainly between June through October. Members receive notice and priority registration on sponsored tours and workshops www.aarch.org

Our year-round residents and those whose camp visits aren't confined to the short months of summer may want to take advantage of these upcoming opportunities:

March 14 and 15

Great **Camp Santanoni Winter Weekend** - an 8.8 mile round trip outing by cross-country skis or snowshoes to see the Great Camp. AARCH will give interpretive tours of the main building and hot beverages will be served in the Artist's Cabin. Hosted by Friends of Camp Santanoni; contact AARCH for more information.

May 9

Carl Heilman 'Perfect Pictures Every Time' Photo Workshop— Register at The Wild Center—<u>www.wildcenter.org</u>

These listings, while by no means comprehensive, are representative of the cultural riches that are ours to enjoy in the lakes area. Many thanks to those whose vision, commitment and energies make it all possible.

The New York Safe Boating Courses for 2020 season

The NYS Safe Boating Course is being taught at the Santa Clara Community Center. Please note, the new dates and times for the classes.



WHEN

July 13th & 14th from 9 AM until 1PM each day. August 10th & 11th from 9 AM until 1 PM each day

PLEASE NOTE

If needed, a class will be held on JUNE 29 & 30th from 9AM until 1PM each day.

WHERE

The Santa Clara Community Center, located at 5367 State Route 30 just north of USL.

WHO

Anyone interested in taking the course must be at least 10 years of age by the first day of the course. Anyone 18 and over is required to pay a fee of \$10.00 payable to NYS. The course runs for 2 mornings. You must attend both days to take and pass the test in order to qualify for a certificate.

NOTE

NYS passed Brianna's law in 2019. The law will be phased in over 5 years and by 2025 everyone regardless of their age MUST take and pass the NYS Safe Boating Course if they operate a motor boat in NYS.

It is recommended that you sign up early. Please contact Lynne Perry to register or if you have any questions at 518-359-2630 or lgper2@optonline.net_____

Michelle Brown Garcia will teach the course with support from Dave Perry.

BRIANNA'S LAW IN NEW YORK STATE

As of January 1, 2020, everyone operating a motorized vessel will need a safety certificate by 2025.

If you were born on or after January 1, 1993, you will need the certificate by the first time you operate a vessel in 2020.

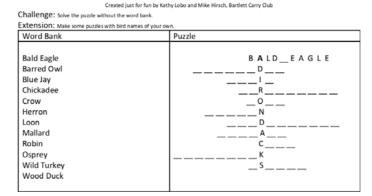
If you were born on or after January 1, 1988, you will need the certificate by the first time you operate a vessel in 2022.

If you were born on or after January 1, 1983, you will need the certificate by the first time you operate a vessel in 2023.

If you were born on or after January 1, 1978, you will need a certificate by the first time you operate a vessel in 2024.

If you were born before 1978, you will need a certificate by the first time you operate a vessel in 2025.

Birds in the Adirondacks Puzzle



USLA Scholarship Fund Second Annual Summer Golf Tournament

Ron Otten





The USLA Scholarship Fund is hosting its Second Annual Summer Golf Tournament at the Saranac Inn Golf Club on Monday July 27. The tournament will again be a fun team play event and prizes will be awarded for the best men's, women's and mixed teams. Last year prizes worth more than \$1000.00 were distributed to winning teams and in golf skill categories. All proceeds will go to the USLA Scholarship Fund for scholarships that are awarded annually to deserving seniors at both Tupper Lake and Saranac Lake Central Schools. We will be seeking sponsors from both local businesses as well as our lake community. The tournament committee is working out additional details of this tournament and more information will be available in the May Mailboat. One of our goals this year is to double the golfers that enter this tournament and increase the number of tournament sponsors. So, start forming your teams and be ready for a great time playing golf with friends at Saranac Inn and support a worthy cause.

USLA Store

Limited quantities of lake related merchandise as shown in the adjacent flyer are available by emailing the order to <u>uslastore@gmail.com</u> or by going to the Upper Saranac Lake Association website <u>www.uppersaranac.com</u> and using the "Store" tab. These items are only available for local pickup or delivery by arrangement.

The USLA Store is BACK!

All proceeds benefit the Upper Saranac Lake Scholarship Fund



Hoodies Green ADK Chair or Brown Canoe M, L and XL sizes \$40 each



Cap \$20



Youth Hoodies (Green Canoe only) S, M and L sizes \$30



Car Decal \$5



USL Map \$5

CENTENNIAL QUILT

24" x 32" Centennial Quilt Poster \$10



22" x 37" Map Poster \$10



15 oz. Etched Wine Glasses \$8 each or Set of 4 for \$30



30" x 60" Towel (10.5 lb.) \$30

All prices include tax. Cash or check only; checks to be made out to USLA Scholarship Fund. Email orders to <u>uslastore@gmail.com</u>. Include size, quantity, name and phone number. Pick up or local delivery available.

Upper Saranac Foundation

It still is, and always will be, about Water Quality.



Even though the watershed is under a deep coating of ice and snow, the Upper Saranac Foundation (USF) is still hard at work preparing for the upcoming field season.

Last year's water quality monitoring, invasive species spread prevention, and management efforts are being evaluated, analyzed, and summarized in reports. These reports can be found on the Upper Saranac Foundation's website: <u>https://usfoundation.net/</u>

Data and information obtained over multiple years helps the Upper Saranac Foundation evaluate our achievements and identify issues to support plans and initiatives moving forward. For example, after another effective year of reducing Aquatic Invasive Species (AIS) in the main lake, the USF intends to further expand our AIS harvesting upstream into the tributaries. This additional effort will prevent the export of AIS downstream toward Upper Saranac Lake, protecting shore owner's investments from infestation.

In addition, to get a clear understanding of the long-term sustainability needs of the Bartlett Carry Dam, the USF has hired an engineer to provide a synopsis for further stabilization of the dam. After a summer of evaluation that included surveys, flow monitoring, and bore testings, a strategy is now being developed to assure the structural soundness of the dam for the next 100 years.

Thanks to our watershed supporters who donated to the Upper Saranac Foundation, your support has prepared us for 2020 in the best way possible. The Upper Saranac Foundation looks forward to the coming year. Here are just a few projects that will be accomplished through your support:

• Continued reduction of aquatic invasive species (AIS) through



- 1. Toss them a PFD.
- 2. Remember to use the PASS method.
 - Pull the safety pin
 - Aim the nozzle at the base of the flames
 - Squeeze the handle in short bursts
 - Sweep the nozzle from side to side
- 3. The Capacity Plate must be located by the operator. It provides the maximum weight of people, gear, motor and the maximum engine horsepower on boats designed for outboard motors.
- 4. To stop the spread of Aquatic Nuisances.
- 5. NYS law requires a spotter on board whose sole duty is to watch the parasailer.
- 6. NYS law states that you may not operate a PWC between the hours of sunset and sunrise. Sunset occurs 20– 30 minutes before dark.

If you get more than 2 wrong you need to take a boating course!

harvesting of Upper Saranac Lake, Fish Creek Ponds, and, new for 2020, Follensby Clear Pond

- AIS prevention through seven days per week Watershed Stewardship coverage at Back Bay and Fish Creek Campground
- Lake management planning to identify issues affecting the water quality, ecology, and social factors of the watershed, and to outline specific recommendations to protect the lake against current and future threats
- AIS surveys to identify new introductions, assuring the best opportunity for eradication
- Water quality monitoring and analysis of seven tributaries and two basins
- Real time meteorological and valuable physical, chemical, and biological characteristics of the lake
- Expanding our pollinator projects at the Back Bay Boat Launch
- Continuation of general maintenance, inspections, data collecting, monitoring, state compliance, and working with our engineer to plan for the future of the Bartlett Carry Dam
- Watershed shoreline development, stormwater runoff, and waste-water monitoring
- Identify, apply for, and administer grants
- Interface with local government, state agencies, and other NGO's in a collaborative effort to protect the Park's resources

The Upper Saranac Foundation has a lot of work to do in 2020 and we look forward to the opportunity to further protect the water quality of our watershed.

Guy Middleton, Lake Manager

Government Affairs Committee

Cindy Rosenwald, Chair

Seeking Year Round Residents to Attend Town Government Meetings

The USLA Board is hoping there are year-rounders among the membership willing to attend Town Board and Planning Board meetings in both Santa Clara and Harrietstown. These local boards meet generally once (sometimes twice) a month and make important decisions that affect tax rates and land use regulations. While minutes are posted on the towns' websites, these documents don't always add context of discussion to the recording of official action. If you are interested, please let Susan Hearn know.

State Senator Betty Little to Retire in 2020

Betty Little, who has served in the 45th senate district for 16 years, announced she is not running for re-election this fall. Among her recent legislative initiatives, was the successful constitutional amendment to create an Adirondack land bank for infrastructure projects. She has also sponsored a task force to address road salt reduction.

Eagle Island Camp

Katrina Dearden, Asst. Executive Director/Camp Director



After a successful Day Camp program in 2019, Eagle Island Camp is ready to welcome more campers back to the island with a full summer of programming! We will once again be offering two weeks of Day Camp for young people entering grades 3 to 6 (this year with a one-night optional overnight). And NEW to this summer, Girls' Overnight Camp, Family Camp, and two Women's Weekends will also be offered. All programs allow campers and participants to experience the rich history of the island as well as the amazing ecosystems and nature of the Adirondacks. Youth camp will once again include sailing, swim lessons, paddling, team building, crafts, and nature exploration.

We are also excited to be hosting a 2020 USLA cultural event.

Adirondack Plein Air artists will not only be spending the day on the island as they did in 2018, but will also have the opportunity to have a sunset and sunrise as inspiration by spending the night. In addition, EIC will again host an Open Island Day in August. EIC's goal of integrating into the Tri-Lake area, and particularly the Upper Saranac Lake community, is taking off.

Check out our completely reworked and relaunched website, <u>eagleisland.org</u>, to learn more about camp programming and available staff positions. In particular we offer a great opportunity for those with boating and sailing experience to join our staff, living on an island for the summer and to teach the next generation of Upper Saranac Lake adventurers. The Upper Saranac Lake Association

Mailboat

MARCH 2020 Upper Saranac Lake Association, Inc. P.O. Box 892 Saranac Lake, NY 12983



PRST STD US POSTAGE PAID SARANAC LAKE, NY 12983 PERMIT #10

Christmas Day at the Lake

